



June 2015													
30	31					1							
2	3	4	5	6	7	8							
9	10	11	12	13	14	15							
16	17	18	19	20	21	22							
23	24	25	26	27	28	29							

 The Health Foundation  
Inspiring Improvement

Have cochlear  
implant; won't have  
to travel.

Helen Cullington  
NCIUA 2015



June 2025						
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Apple ResearchKit

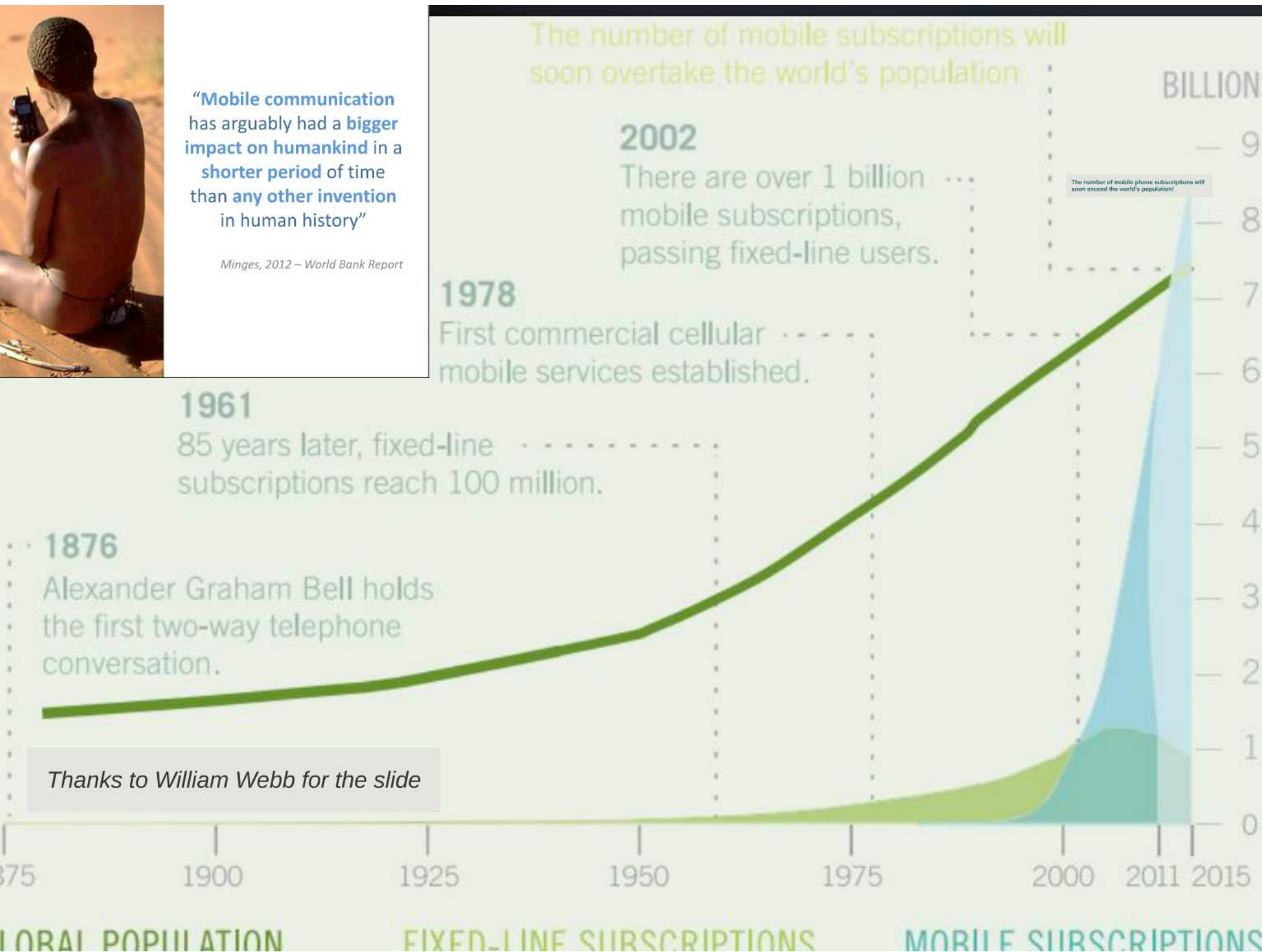
# Apple ResearchKit





“Mobile communication has arguably had a **bigger impact on humankind** in a **shorter period** of time than **any other invention** in human history”

*Minges, 2012 – World Bank Report*



**The number of mobile phone subscriptions will soon exceed the world's population!**

# June 2025

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***vastly increasing  
patient numbers***



***current care  
pathway is not  
patient-centred***

Why can't  
we just  
stay the  
same?

***funding***

same number of  
patients, same  
level of service

treat many more  
patients with  
streamlined  
optimised service

"I would love to be able to play with  
the maps"

"when I go back  
there, it is a 2  
hour drive, I don't  
have time"

***patient  
preference***

"it would have been good  
to have something where I  
could have done a quick  
test at home to say it's  
okay, it's not okay"

"Yes like an i-  
phone, like  
your iPhone,  
you  
understand the  
iPhone so well,  
so easily"

# ***vastly increasing patient numbers***



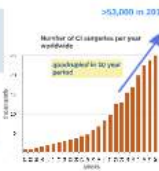
1998



2012

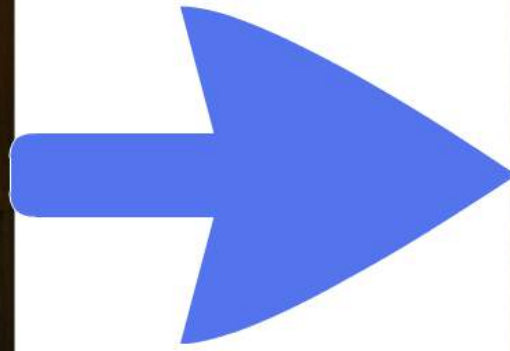
number of  
pensioners  
projected to  
rise by 28% in  
20 years

99% of deaf  
adults in the  
UK don't have  
implants





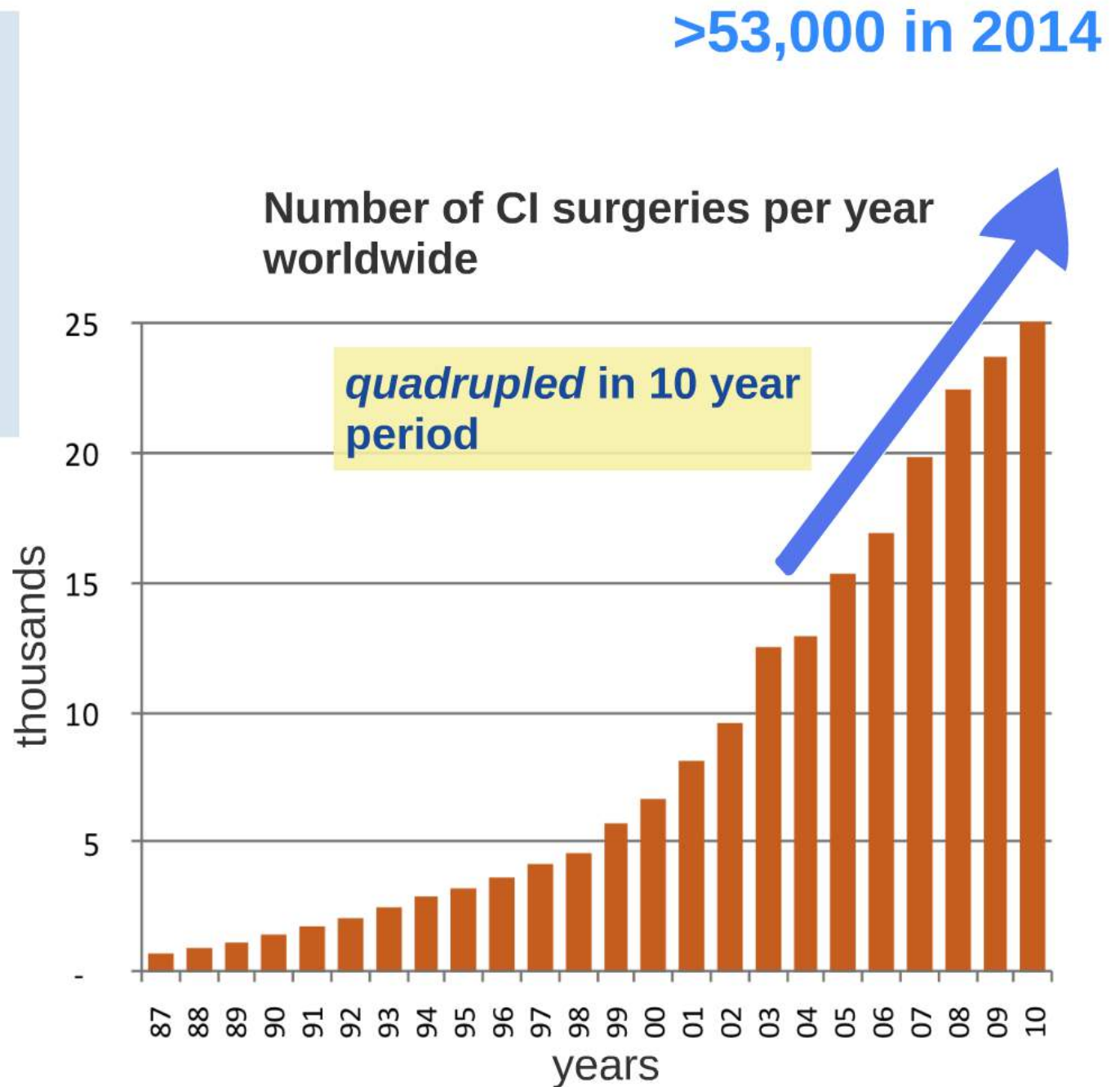
1998



2012

***number of pensioners projected to rise by 28% in 20 years***

***95% of deaf adults in the UK don't have implants***



# ***funding***



***same number of  
patients, same  
level of service***

***treat many more  
patients with  
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# ***patient preference***

"I would love to be able to play with the maps"

"when I go back there, it is a 2 hour drive, I don't have time"

"it would have been good to have something where I could have done a quick test at home to say it's okay, it's not okay"

"Yes like an I-phone, like your iPhone, you understand the iPhone so well, so easily"

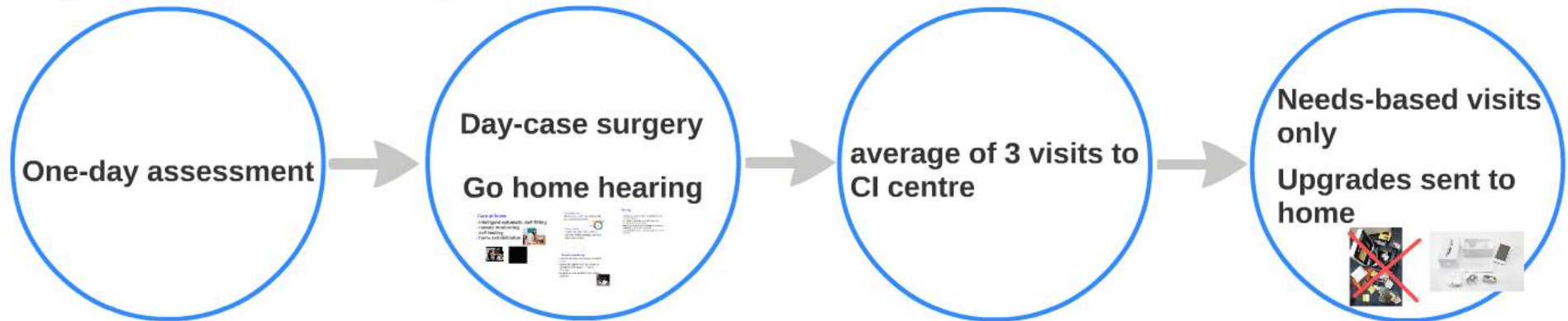
***current care  
pathway is not  
patient-centred***

W  
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S  
S

"I w

# The CI centre in 2025

personalised patient-centred pathway:



## Benefits to the patient

1

• Reduced time, expense, disruption of work, and travel to the clinic for routine visits, appointments, and follow-up

2

• Increased confidence, engagement, and adherence to hearing care

3

• Ability to keep hearing aids, and other devices, at home and use them as needed

# Day-case surgery

# Go home hearing

## Care at home

- intelligent automatic self-fitting
- remote monitoring
- self testing
- home rehabilitation



## Data logging

device use, settings, battery life, sound environments



## Data mining

analysing large data sets to optimise initial settings, provide better outcomes

## Tuning

- continuous monitoring of impedances and neural response
- automatic electrode selection based on electrode-neural interface
- very gradual automated adaptive increase in stimulation over several weeks
- user feedback loop if possible (performance-based)

## Remote monitoring

- continuous data streaming to implant centre
- automatic algorithms flag events or situations that need clinician's attention
- equipment and performance testing at home





# Care at home

- intelligent automatic self-fitting
- remote monitoring
- self testing
- home rehabilitation



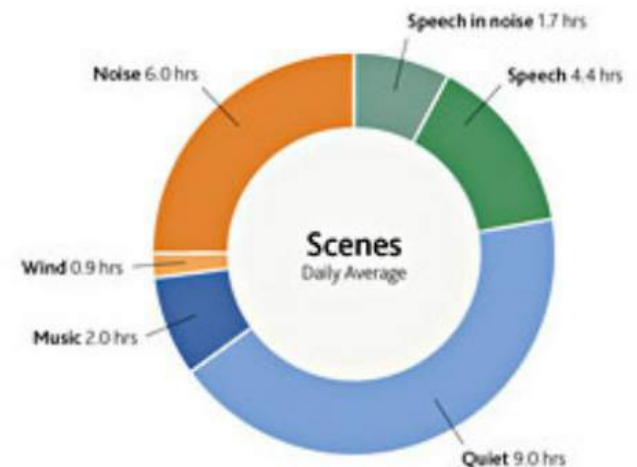


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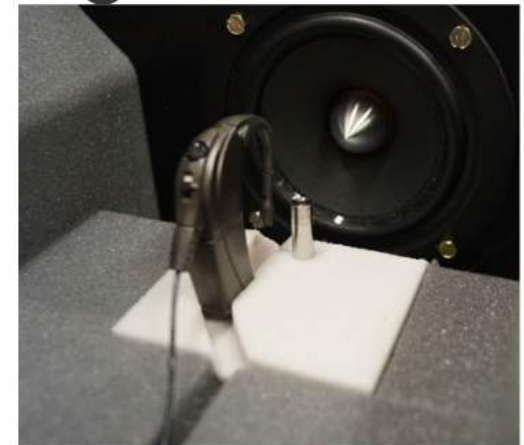


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## Remote monitoring

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**Needs-based visits  
only**

**Upgrades sent to  
home**







# Benefits to the patient

1

less travel time, expense,  
disruption (time off work,  
childcare etc) for routine  
appts: appts only  
scheduled when needed

2

increased confidence,  
empowered to manage own  
hearing health

3

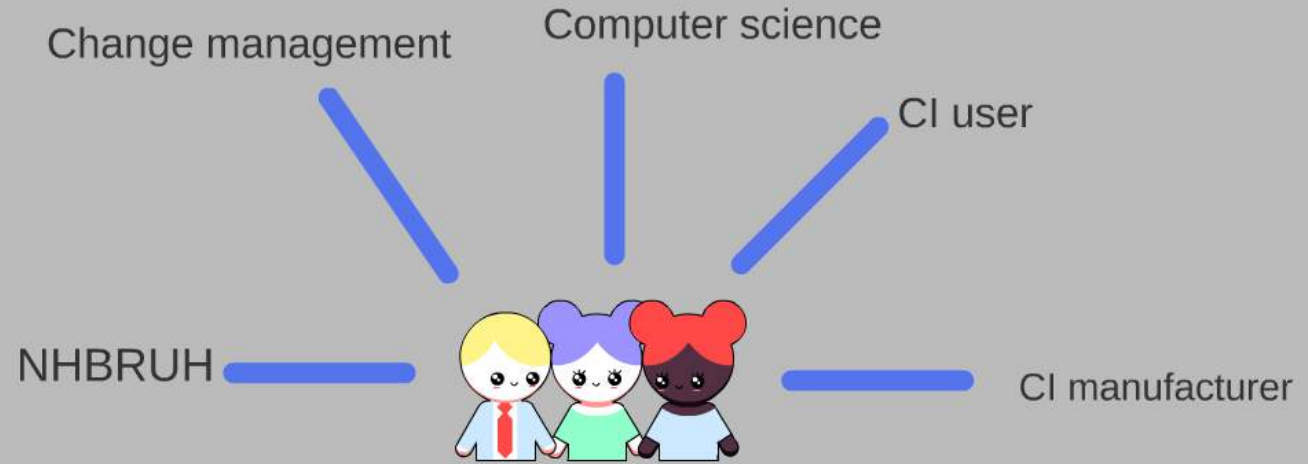
- ability to check hearing at home and take action if worse
- ability to troubleshoot equipment at home and order correct spare part

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## Our project

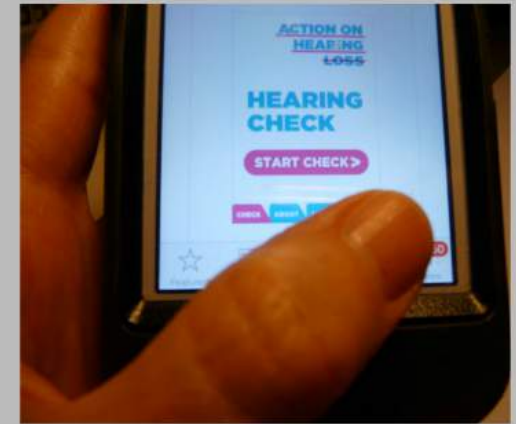


1. remote and self-monitoring
2. self-adjustment of device
3. online/smart phone intervention package

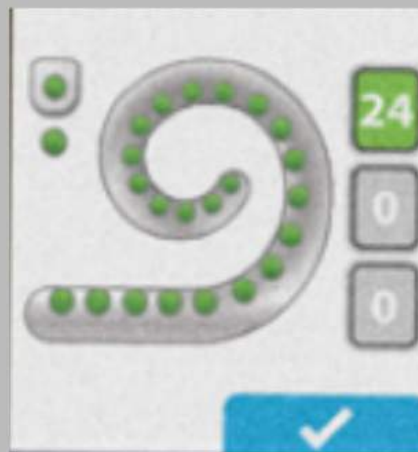


# 1. remote and self-monitoring

speech perception check  
and long-term follow-up  
questionnaire



impedance check



## 2. self-adjustment of device



# 2. Con adjustment of device



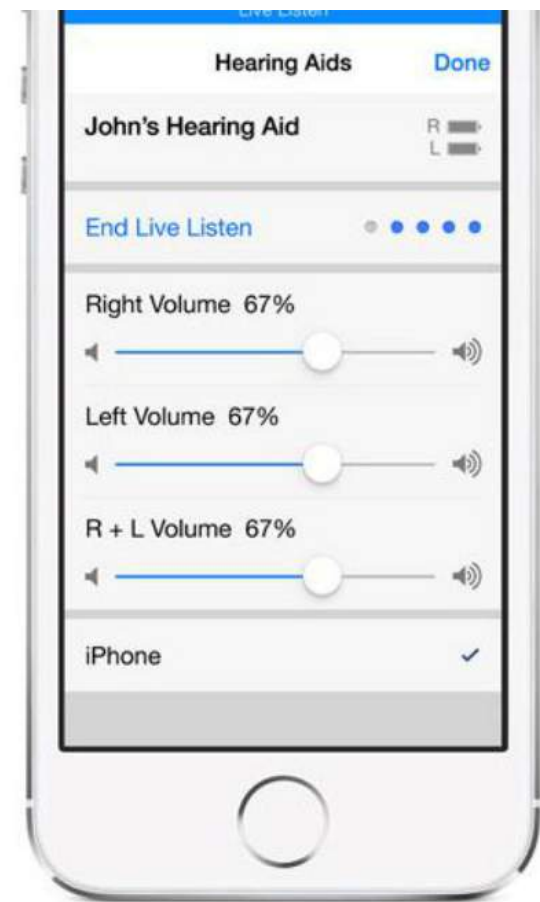


## Manage your hearing aid directly from your iOS device

You can easily access the features and settings of your paired hearing aid with a triple click of the Home button. Glance at the battery status or change the left and right volume — together or separately. And quickly apply your audiologist's environmental presets as you go outdoors or enter noisy locations like restaurants. All without having to rely on additional remotes.

### Live Listen

To have better conversations in loud places, just turn on the Live Listen feature and place your iOS device in front of the person you're talking to.\* Live Listen lets you use the microphone to pick up what they're saying.



## MFi hearing devices = Made For iPhone

### Compatible devices

#### Audibel

A3i

#### Audigy

AGXsp

#### Beltone

Beltone Boost

Beltone First

Beltone Legend

#### Cochlear

Baha 5

#### MicroTech

Kinnect

#### NuEar

iSDS

#### ReSound

ReSound ENZO

ReSound LiNX

ReSound LiNX TS

ReSound LiNX<sup>2</sup>

ReSound Up Smart

#### Starkey

Halo

# WiFi?

## Advanced Bionics to Add Wi-Fi to Processors

**Valencia, Calif., April 1, 2015**— Advanced Bionics (AB), a global leader in cochlear implant technology and a company of the Sonova Group, announced today that upcoming external processors will include integrated 802.11 Wi-Fi network access.

The primary intended use of the connection is for remote programming of external processors.

Advanced Bionics recipients with compatible processors may also access streaming audio services such as Pandora and Spotify. In addition, two-way communication using the processor's built-in microphones enable VoIP phone calls using services such as Google Chat or Vonage. Users with compatible Advanced Bionics processors will be able to make free phone calls to any location globally with no other equipment. While cochlear implants were originally intended to

Advanced Bionics and Starbucks announce a partnership where any cochlear implant patient who uses a Starbucks Internet connection for a programming session will receive a free Venti coffee. Starbucks is committed to improving the quality of life of its customers with affordable luxury, and facilitating cochlear implant programming sessions integrates well with its vision of a truly utopian society.

This is a joke! Repeat, this is only a joke! Do not interpret any of this post as being based in fact. Names have been changed to protect the innocent. Happy April Fool's Day 2015!





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# 3. online/smart phone intervention package

rehab

music

advice

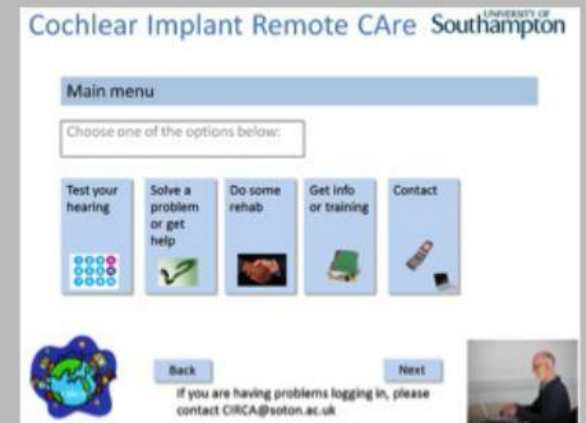
goal-setting



trouble-shooting

reminders

training





# Cochlear Implant Remote CAre UNIVERSITY OF Southampton

Welcome to CIRCA!

We hope you will find everything you need here to help manage your cochlear implant.

First time logging in?

Please click the 'sign up' button below

Logged in before?

If you have already logged in to the site, please click the 'log in' button below.



If you are having problems logging in, please contact [CIRCA@soton.ac.uk](mailto:CIRCA@soton.ac.uk)

If you have forgotten your password, please click [here](#)



# Cochlear Implant Remote CAre UNIVERSITY OF Southampton

## Main menu

Choose one of the options below:

Test your  
hearing



Solve a  
problem  
or get  
help



Do some  
rehab



Get info  
or training



Contact



Back

Next

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# Cochlear Implant Remote CAre UNIVERSITY OF Southampton

## Rehabilitation

We're really pleased you want to work on your hearing. It's just like anything else, the more you practise ... the better you get!

What would you like to work on?

Set or review  
your goals

Use the  
telephone

Music

Listening in  
background  
noise



Back

Main menu

Next

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# Cochlear Implant Remote CAre UNIVERSITY OF Southampton

## Your goals

You can choose and set some goals for your hearing

What would you like to work on? Choose 2 priorities for the next 3 months (\*\* 1 month if still in first year).

Wearing my  
speech  
processor  
more

Recognising  
sounds

Understandin  
g speech  
better

Listening in  
background  
noise

Using  
accessories

(these are radio buttons, on or off, can only select 2, these now show on home page  
And record the date these goals were set so in 3 months there can be a reminder)\*\*



Back

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# Cochlear Implant Remote CAre UNIVERSITY OF Southampton

Solve a problem or get help



What sort of problem do you have?

Medical

Equipment

Worried  
or  
depressed  
about  
your  
hearing

Not  
hearing so  
well

Problems  
with this  
website



Back

Main menu

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## **Outcomes we will measure**

- **patient empowerment**
- **clinician and patient preference**
- **speech perception**
- **use of clinic resources**

**Ask us how it went in July 2016!**



H.Cullington@southampton.ac.uk



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Have cochlear  
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NCIUA 2015